

ABC PEEL

1ST Step **PRE PEEL CLEANSER** - Skin Cleanser
2ND Step: **ABC PEEL** - Non-Exfoliant

ABC PEEL is a combination of Glycolic Acid and Salicylic Acid to reactivate the skins circulation, to stimulate the skins fibroblast, and increase the glycosaminoglicans, (which help the skin retain water in the dermis), increase the dermal turgor, (causing a reduction in the quantity of wrinkles), removes the cornea stratus, gently with the minimum of exfoliation

OUR PROCEDURE

- Detailed Anamnesis
- Diagnoses and treatment proposals.
- Photographic Documentation
- Treatment Planning

HOW TO PERFORM A PEEL:

- Wash the area with **PRE-PEEL CLEANSER**
- Evaluate the sensitive points of the skin, as detected by **PRE PEEL CLEANSER** avoid placing the gel for long periods of time on the sensitive points of the skin.
- Apply the product using a brush, spreading it evenly over the treated area.
- Remove with fresh running water, when you reach the desired depth of peeling that you require.

The depth of the peeling can be classified in accordance with the DEGREE OF PROGRAMMED VASODILATATION

- **VERY SUPERFICIAL PEELING** is suitable for use on: EPIDERMAL MELASMA, SENSITIVE SKINS, ASIAN SKINS, DARK SKIN, SKINS HYPERPIGMENTATION DISORDERS. – Remove the gel when the skin becomes **HOT, BUT WITHOUT SIGNS OF ERYTHEMA**.
- **SUPERFICIAL PEELING** – indicated for **INICIAL PHOTOAGING**. Remove the gel when the skin **SHOWS AN INTENSE, PINK COLORED ERYTHEMA**
- **MEDIUM PEELING** – indicated for **MIDDLE PHOTOAGING** in phototypes I, II & III
- Remove the gel when the skin **SHOW A STRONG ERYTHEMA** (similar to intense sunburn).
- **DEEP PEELING** - Indicated for **SEVERE PHOTOAGING**. Remove the gel when the skin develops a **STRONG ERYTHEMA AND A SLIGHT EDEMA**

The INFLAMMATORY PROCESS caused by the peeling is normal and is according to our expectations and will give a better result, in a shorter period of time.

Apply **NUTRI CREAM** for the next 3 days and use only neutral soap to wash the skin.

VERY SUPERFICIAL PEELING PROTOCOL

1. Apply the gel to the facial skin, and remove with running water when the skin becomes **HOT, BUT WITHOUT SIGNS OF ERYTHEMA**.
2. Apply **NUTRI CREAM** for the next 3 days; use a neutral soap for washing.

SUPERFICIAL PEELING PROTOCOL

Apply the gel to the facial skin, and remove with running water when the skin shows **AN INTENSE, PINK COLORED ERYTHEMA**.

Apply **NUTRI CREAM** for the next 3 days; use a neutral soap for washing.

MEDIUM PEELING PROTOCOL

The ideal peel for photoaging in phototypes I, II & III

Apply the gel to the facial skin, and remove with running water when the skin shows **A STRONG ERYTHEMA** (similar to intense sunburn).

Apply **NUTRI CREAM** for the next 3 days; use a neutral soap for washing.

DEEP PEELING PROTOCOL

This should be indicated for clearer, lighter skins, and those with severe photoaging in phototypes I & III.

Inform the patients about the principals objectives of deep peel.

The **INFLAMMATORY PROCESS** that is developed with the use the deep peel is normal and is expected for a better result.

Apply the gel to the facial skin, and remove with running water when the skin shows a **STRONG ERYTHEMA AND A SLIGHT EDEMA**

Apply **NUTRI CREAM** for the next 3 days; use a neutral soap for washing.

Apply hydrocortisone cream (**Berlison[®], Westcort[®]**) 2 or 3 times a day, (if there is a strong erithema)

If necessary use a sun block and try to use one that uses physical components. **FACIAL C SUNBLOCK[®]**.

(Try to avoid the use of sun blocks during the first 6 days).

PLEASE NOTE; GENERAL SAFETY CONSIDERATIONS DURING THE PEELING:

- 1- Use only once or twice on the area around the eyes, during the peeling stages.
- 2- Do not use this peeling on skin that has been damaged by, or has scars caused by zoster herpes.
- 3- Warn the patient that there may be a strong inflammatory reaction on the skin, with a strong erithema and a burning sensation, and that this is normal, and is part of the objectives of this peel.
- 4- Avoid the sun and always use a physical sun protector (**FACIAL C SUNBLOCK SPF 30[®]**).

PLEASE NOTE THAT THIS PEELING CAN BE REPEATED EVERY 30 DAYS.